

Bloom Room Mentorship Program

Guided by Lola Adelani | Destined by Design

A transformative 4-week journey



Rooted in Identity

01 Break free from limiting beliefs

Embrace your true self and purpose.

02 Discover your identity in Christ

Find strength and security in Him.

03 Speak daily declarations of truth

Affirm your identity and worth daily.

Healing & Heart Work

01 Let Go of Shame and Fear

Embrace your true self and worth.

02 Forgiveness as a Path to Freedom

Release past burdens for new beginnings.

03 Journaling for Heart Check

Reflect and process your emotional journey.

Discipline, Boundaries & Growth

01 Spiritual discipline leads to freedom

Establishing daily habits empowers your journey.

02 Build healthy boundaries for protection

Safeguarding your time nurtures personal growth.

03 Growth plan with accountability

Collaborate with others for sustained progress.

Bloom in Purpose

01 Discover Your Unique Gifts and Talents

Embrace what makes you **special and unique**.

02 Create Your Vision Board for Clarity

Visualize goals to **guide your journey** ahead.

03 Write Your Letter to Future Self

Reflect on aspirations and **set your intentions**.



Join the Bloom Room

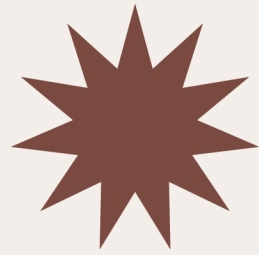
Safe Space for young ladies

- Empowerment through shared experiences
- Mentorship that nurtures personal growth
- Supportive community for young women

Healing Tools

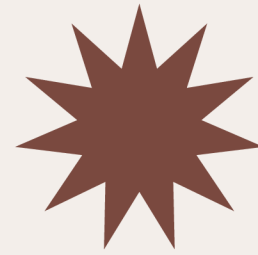
- Journaling for self-reflection and clarity
- Vision boards for goal-setting and inspiration
- Daily declarations for building confidence

Join Bloom Room Today!



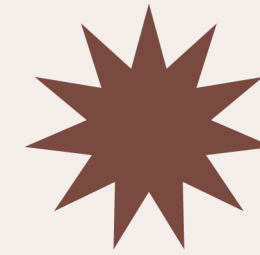
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ARE YOU READY FOR CHANGE?

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